



Football

Date of competition: 5-7th August, 2025.

1. VENUE

Sportland Arena, Nike Arena

2. TECHNICAL COMMITTEE

The Technical Committee will be comprised of:

- Technical Director
- Assistant Technical Director
- Head Referee
- Member of ICG TC

3. IDENTIFICATION

- All athletes must show their accreditation card to the referee before competing.
- Without the card, the athlete will not be allowed to compete. **NO EXCEPTIONS.**

4. COMPETITION INFORMATION

- There will be separate tournaments for girls and boys teams.
- One coach per team is allowed.
- Teams will consist of 6-8 players, 1 of which will be a goalkeeper.
- Number of teams that can participate: 16 boys teams and 8 girls teams
- Both the boys team and the girls team have a separate coach.
- Shin guards are required for all competitors.
- The venue is outdoor artificial field. Players must wear proper soccer cleats/shoes/boots. (Baseball type cleats are not allowed).
- Athletes are prohibited to wear neither any footwear with metal studs nor glasses/sunglasses during a game unless sports/plastic/protective glasses.

5. COMPETITION RULES:

- The rules of the tournament will be FIFA rules modified for small-sided games.



- Depending on the number of entries, teams will be entered into pools of up to 4 or 5 teams.
- The pitch size will be 50-65m by 40-45m.
- No offside rule will be operated.
- The ball used will be a size 5.
- Each game will consist of 2 halves of 20 minutes each. Half-time break is 5 minutes.
- Warm up duration: 10 minutes.
- Team size consists of 6 players: 5 players that includes 1 Captain, and 1 goalkeeper.
- Goal length 4.8-6m and height 1.9-2m.
- Competitions within group are led by 1 referee. Quarter finals, semifinals and final game will be led by 2 referees.
- A system of rolling substitutions will apply.
- A timekeeper is required, controlling the duration of the games, using a horn/hooter as no injury time is allowed, except in the Final, which is at the discretion of the referee(s).
- The area between pitches should be kept clear for teams and officials only, with spectators viewing only from the opposite side.
- Throw-ins are allowed.
- Slide tackles are not allowed (punishable with a yellow card), but sliding to score, or to stop the ball going out of play or to stop a goal, is allowed.
- Rules for the goalkeeper are as normal football rules.
- The Head Referee cannot become involved with refereeing decisions made on the field of play.
- The normal football back-pass rule applies.
- Goals cannot be scored directly from a kick-off.
- A team which does not show up for their first game will be disqualified from the tournament but allowed to play the scheduled fixtures as “friendlies” at the discretion of the Tournament Director and the opposing teams.
- All team members wear the same football strip.

6. MEDAL ROUND

- The quarter-finals will be between the top teams in the Pool Round. The winners of one pool will play against the runner up in another pool.
- The Semi-finals will be between the 4 quarter-finals winners.
- The final will be between the 2 semi-final winners.
- In the event of a draw at quarter-final, semi-final or final games it goes straight to penalties, any 5 from the full squad can take the first 5 penalties before moving to the rest of the squad if required. Squads for penalties shall be

determined by the team with the lower number of players. The goalkeeper who finished the game must be in goal for at least the first penalty.

7. DISPUTES

- Any disputes will be resolved in accordance with FIFA rules and the clauses included in the ICG rules.
- Any official Protests will be referred to the Protest Committee according to the ICG rules.

8. DISCIPLINARY RULES

- The ICG Code of Conduct must be adhered to at all times. Athletes and coaches will be excluded from the Games for indecent behavior, offence made through words and/or actions, violent behavior, abusive language etc.
- All delegations have to comply with any instruction given by the venue staff.
- Coaches are responsible for the well-being and behavior of their athletes at all times.
- Player who receives a yellow card will be sent to the bench for two minutes. The 2 minutes start after play resumes. **Yellow cards are time penalties only: the first one a player receives is 2 minutes; if the same player receives a second yellow card the time penalty is 3 minutes and so on; a referee may decide that after a certain number of yellow cards, the player receives a red card.** Typical yellow card offences include unsporting behavior, dissent by words or actions.
- Players sent off (red card) for any reason will be suspended for the team's next game. Typical red card offences include Serious foul-play, violent conduct, abusive language.
- If a team is permanently reduced to 4 players due to sending offs, the game will end and the match will be awarded 2-0 to their opponents, unless the score, as it stands at that point, is more advantageous to their opponents.

9. PRESENTATION OF MEDALS

The following medals will be awarded immediately after the tournament:

GOLD – for team ranking first in the competition

SILVER – for team ranking second in the competition

BRONZE – for team ranking third in the competition

- Athletes must wear their team uniform or tracksuit for the ceremony.
- No flags of any type, city or country, will be allowed to be on display at the Medal Ceremony.
- No medals will be awarded to coaches.
- Medal presentations will be made at the designated time as per the schedule.

- Coaches are requested to assist in ensuring athletes are readily available and correctly dressed for the medal presentation.

10. TRAINING SCHEDULE

Training times will be available at the venue on 4th August 2025.

Training schedule will be posted on the website.

11. MEDICAL

A First Aid Service will be available on site.

Full Medical Service will be available at one of the hospitals in Tallinn.

12. TECHNICAL MEETING

A technical meeting for all coaches will be held on 4th August 2025.

Time and venue will be provided upon arrival.

13. SPECIAL NOTE

No changes can be made to this ICG Technical Handbook without the consent of the ICG.