



## **Judo**

**Date of competition:** 4-7<sup>th</sup> August, 2025.

### **1. VENUE**

Kalev Sports Hall

### **2. TECHNICAL COMMITTEE**

The Technical Committee will be comprised of:

- Technical Director
- Assistant Technical Director
- Head Referee
- Member of ICG TC

### **3. IDENTIFICATION**

- All athletes must show their accreditation card to the referee before competing.
- Without the card, the athlete will not be allowed to compete. **NO EXCEPTIONS.**

### **4. COMPETITION SYSTEM**

Competition systems according to number of participants:

- 6 and more entries: Double Repechage
- If there are one (1) to five (5) Round Robin.

### **5. TEAM COMPETITION**

- Number of participants in one team: 3 boys and two girls.
- Categories (3 + 2).
- Boy's categories: (- 50 kg, - 60 kg and - 73 kg).
- Girl's categories: (- 52 kg and - 63 kg).
- A team that is not full could "borrow" max. one competitor from another city to form a full team.
- System of team competition is same as for individual competition, with only one bronze medal for team.

## 6. COMPETITION RULES:

- A city enters a maximum of 6 boys and 6 girls, and a minimum of 2 boys and 2 girls. athletes.
- Per team only one athlete may compete in a particular weight class.
- There is one coach for all delegate Judo athletes.
- Weight classes may be combined if there is a shortage of participants in certain weight.
- All athletes must be able to show their identification card. When unable to show the identification card, participation is not possible.
- **NO SHIME-WAZA, NO KANSETSU-WAZA are allowed.**
- The rules of the International Judo Federation (IJF) are leading in the competition.
- The tournament will be played based on knock-out.
- The Judo mat consists of a 7x7m combat zone with a safety margin of three (3) meters around it.
- On the day of the training, all athletes are weighed to see if they meet the correct weight.
- Contest duration will be three minutes. In case of a draw there will be a golden score without time limit.
- Competition and technical session will be held only in white judogis.

## 7. REGISTRATION AND WEIGH-IN

- The venue and the time of the unofficial weigh-in and the official weigh-in will be advertised and posted on the website.
- The registrations and weight controls will only be conducted during the official hours advertised, so please come on time! The draw will be held after weighin.

## 8. DISPUTES

- Any disputes will be resolved in compliance with IFJ rules, and the clauses included in the ICG Sports Rules.
- Any disputes will be referred to the Protest Committee according to the ICG rules.

## 9. DISCIPLINARY RULES

- The ICG Code of Conduct must be adhered to at all times.
- Heads of Delegation, athletes and coaches, will be excluded from the Games for indecent behaviour, offence made through words and/or actions, violent behaviour, abusive language etc..
- All delegations have to comply with any instruction given by the venue staff.



- Coaches are responsible for the well-being and behaviour of their athletes at all times.

## 10. PRESENTATION OF MEDALS

The following medals will be awarded immediately after the tournament:

GOLD – for athletes ranking first in the competition

SILVER – for athletes ranking second in the competition

BRONZE – for athletes ranking third in the competition

- Athletes must wear their team uniform or tracksuit for the ceremony.
- No flags of any type, city or country, will be allowed to be on display at the Medal Ceremony.
- No medals will be awarded to coaches.
- Medal presentations will be made at the designated time as per the schedule.
- Coaches are requested to assist in ensuring athletes are readily available and correctly dressed for the medal presentation.

## 13. WEIGHT CATEGORIES

- **Girls:** -40kg; -44kg; -48 kg ; -52 kg ; -57 kg ; -63 kg ; -70 kg ; +70kg
- **Boys:** -46 kg, -50kg, -55kg, -60 kg, -66 kg, -73 kg, -81 kg, +81 kg

## 12. TRAINING SCHEDULE

Training times will be available at the venue on 4<sup>th</sup> August 2025.

Training schedule will be posted on the website.

## 13. MEDICAL

A First Aid Service will be available on site.

Full Medical Service will be available at one of the hospitals in Tallinn.

## 14. TECHNICAL MEETING

A technical meeting for all coaches will be held on 4<sup>th</sup> August 2025. Time and venue will be provided upon arrival.

## 15. SPECIAL NOTE

No changes can be made to this ICG Technical Handbook without the consent of the ICG.

