



## Swimming

**Date of competition:** 5-7<sup>th</sup> August, 2025.

### 1. VENUE

Kalev Spa

### 2. TECHNICAL COMMITTEE

The Technical Committee will be comprised of:

- Technical Director
- Assistant Technical Director
- Head Referee
- Member of ICG TC

### 3. IDENTIFICATION

- All athletes must show their accreditation card to the referee before competing.
- Without the card, the athlete will not be allowed to compete. **NO EXCEPTIONS.**

### 4. COMPETITION SYSTEM

- Swimmers may compete in 4 events and 2 relays.
- There will be the following competitions:  
50m, 100m, 200m, 400m Freestyle  
50m, 100m, 200m Backstroke  
50m, 100m, 200m Breaststroke  
50m, 100m, 200m Butterfly  
200m Individual Medley  
4x100m Freestyle Relay  
4x100m Medley Relay  
4x100m Mixed Medley Relay (2 Boys and 2 Girls)
- Each city may enter a maximum of 4 boys and 4 girls and a minimum of 4 swimmers.
- Cities can enter a maximum of 2 swimmers per event.

- **Swimmers must supply personal best performance times for each event during registration process for a proper seed of heats and lanes. It is the responsibility of cities also, to provide times for the relay events for the same purposes.**
- The pool is an indoor 50m 8 lanes facility & warm-ups will be arranged each day, before the heats and finals begin.
- Electronic timing and lane display scoreboard will be in use.
- One coach per city is allowed.

## **5. COMPETITION RULES:**

- The meet will take place according to World Aquatics and ICG rules.
- Racing suits are required for all competitors. Swimwear must comply with current World Aquatics regulation.
- During warm-up no dives or jumps are allowed unless in designated lanes opened by the officials or meet director.
- Athletes will be provided with full pool access for warm up at least 30 minutes prior to the first race commencing.
- All events will have one final only.
- **There will be no B Finals.**

## **6. TRAINING SCHEDULE**

- Training times will be available at the sport facility on August 4th, 2025.
- Training schedule will be posted on the website.
- The World Aquatics website [www.worldaquatics.com](http://www.worldaquatics.com) provides a copy of the latest WA Constitution, Laws and Regulations for competition.

## **7. DISPUTES**

- Any disputes will be resolved in compliance with IFJ rules, and the clauses included in the ICG Sports Rules.
- Any disputes will be referred to the Protest Committee according to the ICG rules.

## **8. DISCIPLINARY RULES**

- The ICG Code of Conduct must be always adhered to.
- Heads of Delegation, athletes and coaches, will be excluded from the Games for indecent behavior, offence made through words and/or actions, violent behavior, abusive language etc..
- All delegations must comply with any instruction given by the venue staff.
- Coaches are responsible for the well-being and behavior of their athletes at all times.

## **9. PRESENTATION OF MEDALS**

The following medals will be awarded immediately after the tournament:

GOLD – for athletes and team ranking first in the competition

SILVER – for athletes and team ranking second in the competition

BRONZE – for athletes and team ranking third in the competition

- Athletes must wear their team uniform or tracksuit for the ceremony.
- No flags of any type, city or country, will be allowed to be on display at the Medal Ceremony.
- No medals will be awarded to coaches.
- Medal presentations will be made at the designated time as per the schedule.
- Coaches are requested to assist in ensuring athletes are readily available and correctly dressed for the medal presentation.

## **10. MEDICAL**

A First Aid Service will be available on site.

Full Medical Service will be available at one of the hospitals in Tallinn.

## **11. TECHNICAL MEETING**

A technical meeting for all coaches will be held on 4<sup>th</sup> August 2025.

Time and venue will be provided upon arrival.

## **12. SPECIAL NOTE**

No changes can be made to this ICG Technical Handbook without the consent of the ICG.